



**CATHOLIC**  
and **LIVING IT!**

The Catholic Women's League of Canada

London Diocesan Council

To: All Parish Presidents, Community Life Chairpersons  
CC: London Diocesan Council, Karen McDonald OPC Community Life Chairperson  
From: Pat Sloan, Community Life Chairperson  
Date: September 2022  
**Directive # 7**

**Now that we have summer behind us, it is time to look forward to the fall. Let us be aware of our gift of faith and remember that it is in giving that we receive. We as “Catholic Women and Living It” should be mindful of the 4 types of Mercy. They are advocacy, assistance, finances and spiritual. How can we apply these to our own lives? We can advocate for the Indigenous and refugees. We can advocate for the homeless and people suffering from mental illness in our communities. We can offer assistance to our food banks and soup kitchens. We can donate to St. Vincent de Paul and to causes such as the War in Ukraine and the flooding in Pakistan. The one thing that we can all do and we do it best is pray. We can do all these as individuals or as a Council.**

**Let us be mindful of the Acts of Mercy in our everyday lives, to make our communities a better place.**

**God Bless**

**Pat Sloan, Community Life Chair**